quantitatively to a filter-paper disc and washed several times for removal of non-proteic contaminants after the manner described by GOODNER¹¹. The radioactivity of the dried disc was measured in the gas flow counter. ¹⁴C-protein of the incubation medium was assayed as described for tissue protein.

The results obtained are shown in the Figure. It can be seen that the production of 14CO₂ from labelled glucose was enhanced by the crude hypothalamic extract. Although the increase was only of about 20%, this effect was very uniform, being obtained in all experimental flasks. The utilization of labeled carbon from glucose for protein synthesis by anterior pituitary was very active, but no influence of the HE was observed. The amount of radioactivity recovered in protein from the incubation medium was much lower than that incorporated in both CO2 and tissue protein. The addition of hypothalamic extract to the incubation medium significantly increased the incorporation of 14C-glucose into medium protein. It is attractive to suppose that this protein represents hormones liberated from the gland during the incubation, but further experiments are needed to clarify this point.

The stimulation by HE of the amount of 14 C from glucose recovered as CO_2 was obtained in the same conditions in which the extracts are known to induce the release of hormones to the incubation medium. This suggests that the hormone-releasing action of the HE on the anterior pituitary is a process that requires energy, which is

provided, at least in part, by increased glucose utilization. Such a view is corroborated by recent findings 12 showing that crude extracts of median eminence induces a depletion of anterior pituitary glycogen 13.

Resumen. Los efectos de extractos crudos de hipotalamo en la utilización de p-[¹⁴C]-glucosa por hipófisis anteriores fueram estudiados in vitro en condiciones identicas a aquelas en las cuales los extractos inducen la liberación de hormonas al medio de incubación. Los resultados indican que los extractos hipotalámicos aumentan la producción de ¹⁴CO₂ por la hipófisis a partir de glucose y la incorporación de ¹⁴C en proteinas del medio de incubación. Los extractos no modificaron la cantidad de ¹⁴C glucose utilizada para sintesis de proteinas tissulares.

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C_{19} - and C_{18} -Steroids in Cerebrospinal Fluid, Plasma and Urine after Intravenous Administration of 7α - 3 H-DHEA 3 5S-Sulphate

In a previous communication 1, the isolation of free and conjugated C₂₁-, C₁₉- and C₁₈-steroids from human cerebrospinal fluid (CSF) was reported, the majority of steroids occurring in the fraction of lipophile steroid sulphatides². In order to gain further information on the passage of such sulphoconjugates from blood to CSF, $20.2 \mu g 7\alpha^{-3}H^{-3}\beta^{-3}$ hydroxy-5-androstene-17-one (dehydroepiandrosterone, DHEA) 35 S-sulphate with 44.2×10^6 cpm 3 H and $2.99 \times$ $10^6 \text{ cpm}^{35}\text{S} (^3\text{H}/^{35}\text{S} = \text{R} = 14.8)$ were injected i.v. into a 35-year-old male subject and CSF, peripheral plasma and 24-h urine assayed for labelled free and conjugated C19- and C₁₈-steroids. Samples of CSF, collected by lumbar punction 30 and 165 min after administration of the substrate, were processed like the 6 plasma samples obtained after 5, 30, 60, 90, 120 and 165 min. Extraction of free and conjugated steroids and separation of the latter into steroid sulphatides, sulphates and glucuronosides were achieved by techniques described in a recent publication³. Individual C_{19} - and C_{18} -steroids in the fractions of free or conjugated steroids from CSF, plasma or urine, were isolated by standard procedures, including derivative formation and multiple chromatography 4,5. For final identification of isolated steroids, the chromatographic purification to constant specific activity, after reverse isotope dilution with authentic compounds, was considered adequate.

As can be derived from the Table, both CSF samples contained double-labelled steroid sulphoconjugates, but practically no labelled free steroids or steroid glucuronosides. Since only minute amounts of steroid sulphates were detected in CSF, it may be assumed that lipophile properties of steroid sulphatides promote their transport

from blood to CSF. The isotope ratio R of sulphoconjugates in the first sample of CSF corresponded to that of the substrate or of steroid sulphatides in the first plasma samples, thus indicating a fairly rapid passage of the latter compounds into CSF. On the other hand, only a minor proportion of circulating steroid sulphatides appears to reach the CSF, as evidenced by a distinctly lower specific ³H-activity of DHEA or its metabolites in CSF. The specific ³H-activity of DHEA or 5-androstene-3β, 17βdiol, for instance, amounted to 3950 cpm/µg or 2100 cpm/ μg respectively in the first CSF sample and 22,700 cpm/μg or 13,400 cpm/μg respectively in the combined plasma samples 1–3. In addition to 5-androstene-3 β , 17 β -diol also 4-androstene-3, 17-dione, 17β-hydroxy-4-androstene-3one, 3α -hydroxy- 5α -androstan-17-one and 3α -hydroxy- 5β -androstan-17-one could be identified in CSF, their quantitative distribution resembling that found in steroid sulphatides from peripheral plasma. The ³H-activity in the fraction of phenolic steroids from CSF did not suffice for isolation of individual estrogens. From 530 ml urine, collected over 24 h in 3 portions, a total of 4,277,000 cpm ³H or 9.65% of injected ³H-activity were recovered. The ratio of free steroids to steroid glucuronosides to steroid

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Free and conjugated steroids in CSF, plasma and urine

Material	Time	ml	cpm ³ H/ ³⁵ S per 10 ml CSF or plasma and 100 ml urine							
			Free steroids	R	Sulphatid	les R	Sulphates	R	Glucurono- sides	R
CSF										
(1)	30 min	8.9	6 0	>100	1,370 105	13.2	32 2	16.0	2 0	>100
(2)	165 min	6.0	0		227 14	16.2	10 0		0 0	
Plasma										
(1)	5 min	5.8	189 0	>100	85,200 5,830	14.6	11,900 810	14.7	32 0	>100
(2)	30 min	18.5	923 0	>100	62,000 4,240	14.6	2,840 191	14.8	51 0	>100
(3)	60 min	5.0	133 0	>100	52,700 3,530	14.9	1,130 75	15.1	28 0	>100
(4)	90 min	6.0	40 0	>100	45,700 3,010	15.2	962 63	15.3		
(5)	120 min	21.0	18 0	>100	40,500 2,590	15.6	733 46	15.9		
(6)	165 min	9.8	11 0	>100	28,600 1,690	16.9	680 42	16.2		
Urine										
(1)	0-4 h	260	19,600 32	>100			620,000 28,200	22.0	32,800 63	>100
(2)	4–12 h	180	15,100 0	>100			230,000 7,630	30.4	43,600 14	>100
(3)	12-24 h	90	12,600 102	>100			289,000 7,550	38.3	69,400 31	>100

sulphates approximated 1:2:22. A steady increase in the isotope ratio R of urinary steroid sulphates from 22.0 in the first portion to 30.4 in the second and 38.3 in the third portion reflects a substantial (22.7%, 51.3% and 61.4%) hydrolysis of sulphoconjugates and resulphurylation of liberated steroids in the course of the experiment. Such findings, as well as the quantitative distribution of metabolites in the different fractions from urine, were in close agreement with previous results, obtained after i.v. administration of double-labelled DHEA sulphate 4, 5.

From the data presented it was concluded that only lipophile steroid sulphoconjugates, e.g. steroid sulphatides, may pass from blood to CSF within a reasonable period of time. However, a certain blood/CSF barrier seems to exist even for these compounds.

Zusammenfassung. Nach i.v. Injektion von 7α -H-DHEA- 35 S-sulfat wurden Liquor, Plasma und 24-Stundenharn eines Mannes auf freie und konjugierte,

markierte C₁₉- und C₁₈- Steroide untersucht. Es zeigte sich, dass schon 30 Minuten nach Versuchsbeginn im Liquor fast nur doppelt-markierte Steroid-sulfatide mit praktisch unverändertem Isotopenverhältnis ³H/³⁵S enthalten waren. Da weiterhin DHEA und seine Metaboliten im Liquor eine weitaus niedrigere spezifische ³H-Aktivität besassen als die entsprechenden Verbindungen im Plasma, ist anzunehmen, dass der Übertritt von lipophilen Steroidsulfatiden zwar verhältnismässig rasch, aber nur in begrenztem Umfang erfolgte.

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The Effect of Castration and Hypophysectomy on the Content of Noradrenaline and Serotonin in the Hypothalamus of the Rat

Recently it has been shown that the castration of male rats has an influence on the formaldehyde induced fluorescence of the primary catecholamines of the hypothalamus¹. Castration increases the turn-over rate of noradrenaline (NA) in the hypothalamus²⁻⁴. The hypophysectomy of short duration (5 days) has no effect on the catecholamine fluorescence in the hypothalamus¹. In the present work, quantitative confirmation has been tried by estimating chemically NA and serotonin (5-HT) of the

hypothalamus and cerebral cortex in male and female rats after castration or the hypophysectomy of long

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